

## FollowMyHealth

Now Available



**FREE** online access  
to your hospital health  
information

FollowMyHealth is a free, secure online tool to manage your personal visit summary of your Aria Health hospital stay. Take control of making informed decisions about your health.

**Get 24/7 FREE online access from any computer, smartphone or tablet!**

### FollowMyHealth Benefits



Visit  
Summary



Set up proxy accounts  
for dependent adults

**Coming Soon: Connect with your Aria Health Physician Practice**

Aria Health  
10800 Knights Road  
Philadelphia, PA 19114

**FollowMyHealth Support: 1-888-670-9775**

To access FollowMyHealth, please visit  
**ARIAHEALTH.org**



Get  
started...

*it's as easy as*

**1, 2, 3**

Save  
time with  
online  
tools

**1**

**Click the registration link** in the email you receive from **noreply@followmyhealth.com**.

**2**

**Create your portal login** using a unique username and password.

**3**

**Enter the invitation code** provided by your medical organization and click “Agree” to the release of information.

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**You will receive three emails** welcoming you to the portal, confirming your login and connection with our organization.

You now have 24/7, FREE and secure online access to our patient portal and your medical information.

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**Access your medical information on the go! Download the free portal app at your Apple or Android store.**

Enter FollowMyHealth in the search field.